



Find Fresh Ideas at Your Local Farmers Market

Want to have a healthy, well-balanced diet? Your local farmers market is the perfect place to find fresh fruits, vegetables and an array of goodies.

To help encourage healthy habits, Beaumont sponsors and hosts farmers markets throughout the metro area.

Dearborn

Dearborn Farmers & Artisans Market

- Fridays from 9 a.m. to 2 p.m., through Oct. 6
- Garrison Street parking lot, between Mason Street and Howard Street, behind the Bryant Library
- every week there is a different activity, including healthy nutrition games, blood pressure screenings and healthy food tastings

Beaumont Hospital, Dearborn

- every other Wednesday from 11 a.m. to 2 p.m., through Sept. 20
- 18101 Oakwood Blvd.

Beaumont Corporate Services, Dearborn

- Tuesdays from 10 a.m. to 1 p.m., through Sept. 26
- 15500 Lundy Parkway

Farmington Hills

Farmington Farmers & Artisans Market

- Saturdays from 9 a.m. to 2 p.m., through Nov. 4
- George F. Riley Park, Walter E. Sundquist Pavilion, on Grand River Avenue at Grove Street
- educational information on cardiovascular health on Aug. 26 and weight management on Sept. 23, plus blood pressure and stroke screenings
- walking club meets at 9 a.m. on Aug. 26 and Sept. 23, dog walkers welcome

Beaumont Hospital, Farmington Hills

- Wednesdays from 9:30-11 a.m., through Sept. 27
- 28050 Grand River Ave.

Grosse Pointe

Beaumont Hospital, Grosse Pointe

- Fridays from 2-4 p.m., through Sept. 29
- 468 Cadieux Road

Royal Oak

Beaumont Hospital, Royal Oak

- Thursdays from 8 a.m. to 2 p.m., through Oct. 5
- 3601 West 13 Mile Road

Beaumont Health & Wellness Center, Coolidge

- Thursdays from 3-5 p.m., through Sept. 28
- 4949 Coolidge Hwy.

Taylor

Taylor Farmers Market

- Fridays from noon to 7 p.m., through Sept. 29
- Heritage Park, Sheridan Center Open-Air Pavilion, 12111 Pardee Road, between Northline Road and Goddard Road
- Power of Produce educational program for children from 2-6 p.m.

Beaumont Hospital, Taylor

- every other Wednesday, from 11 a.m. to 2 p.m., through Sept. 27
- 10000 Telegraph Road

Troy

Beaumont Hospital, Troy

- Tuesdays from 3:30-5 p.m., through Sept. 26
- 44201 Dequindre Road

Wayne

Beaumont Hospital, Wayne

- Thursdays from 10 a.m. to 1 p.m., through Sept. 28
- 33155 Annapolis St.

Get more tips for making the most of your trip to the farmers market at beaumont.org/farmers-market.